



JOINT REPLACEMENT PREPARATION CLASS

Are you scheduled for a knee, hip, or shoulder replacement surgery or considering scheduling? This class is for you! Bring a family member or care giver, and learn how to best prepare for your surgery and recovery through a [free] 90-minute class with members of the Orthopedic Care Team. Get all your questions answered about what to expect before and after surgery, medications, recovery, insurance and billing. Past attendees share they felt more confident heading into surgery, leading to better outcomes.

2022 CLASS DATES

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|-----------|--------------|-------------|
| July 20 | September 21 | November 30 |
| August 17 | October 19 | December 21 |

2023 CLASS DATES

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|-------------|----------|--------------|-------------|
| January 18 | April 19 | July 19 | October 18 |
| February 15 | May 17 | August 16 | November 15 |
| March 22 | June 21 | September 20 | December 20 |

Class begins at 3 PM in conference rooms C & D
Pullman Regional Hospital 835 SE Bishop Blvd.

No registration required. Free and open to the public.

Can't attend a class? Watch our video:
pullmanregional.org/joint-replacement

For more information please call: (509) 336-7598

