



**PULLMAN
REGIONAL
HOSPITAL**

REGIONAL HIGH SCHOOL ATHLETIC TRAINING PROGRAM

PEOPLE

Athletic trainers are certified and licensed sports medicine health care professionals. Areas of expertise include: recognize and evaluate injuries, develop rehabilitation plans for injured athletes, implement preventative programs through clinics, provide first aid and emergency care.

PROGRAM

Pullman Regional Hospital's Orthopedic Center of Excellence has partnered with Colton, Garfield-Palouse, Potlatch and Pullman school districts to provide Certified Athletic Trainers at each school and serve more than 750 kids. They partner with physicians and surgeons to fast-track care.

IMPACT

Care is provided at no additional cost to schools or parents. Below are treatment totals and value of free care for each school year.

2018-19:	14,000	(\$402,982)
2019-20:	14,669	(\$503,680)
2020-21:	3,041	(\$105,066)
2021-22:	6,707	(\$182,958)
2022-23:	5,955	(\$196,935)



**FOUR
FULL-TIME
TRAINERS**



**FOUR
SCHOOLS**



100%
**OF STUDENTS
RECEIVE CONCUSSION
IMPACT TESTING**

ANNUAL COSTS

**\$347,000/year
FOR OPERATIONS**

Funded in part by the schools,
hospital, and philanthropy

**Thank you for keeping kids safe, healthy,
and active in sports!**

**2023 PHILANTHROPIC
GOAL**

\$200,000



HOW TO GIVE

Use the QR code to donate from your phone, or complete the form (on back), cut at the line, and send it our way!

pullmanregional.org/athletic-training

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PHYSICIAN CHAMPIONS



DR. ED TINGSTAD
Program Medical Director
Orthopedic Surgery
& Sports Medicine



DR. KYLE HAZELWOOD
Orthopedic Surgery
& Sports Medicine



DR. AARON VANDENBOS
Orthopedic Surgery



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Orthopedic Surgery



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(Ear, nose & throat)



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ATHLETIC TRAINERS



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