



# KATIE HRYNIEWICZ, M.D.

**Undergraduate:** University of Washington  
Seattle, WA

**Medical School:** University of Washington School of Medicine  
Seattle, WA

**Residency:** Seattle Children's Hospital  
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**Organizations:** American Academy of Pediatrics  
**Certifications:** American Board of Pediatrics, PALS & NRP

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## PHILOSOPHY OF CARE

Being a parent is one of the most rewarding jobs on the face of the earth – but man, is it HARD! It is life-changing, frustrating, joyful, terrifying and bewildering all at once. My philosophy of care revolves around wellness and empowerment, ensuring that you get to be the parent that you desire to be, while keeping your child safe and healthy.

I acknowledge there are all kinds of parenting styles that can be successful, strive to honor your relationship with your child, and yet guide with science, well researched standard of care, and experience. I believe in establishing a trusting relationship both in the office and across different platforms so that we can effectively work as a team in the best interest of your child or teen.

## WHY A PEDIATRICIAN

What if I said it was because they have cuter, less stinky feet than adults? Partly true! In actuality, pediatrics is one of the most amazing fields and I couldn't see myself doing anything else. Do you realize how much someone changes from tiny newborn to high school senior getting ready to head off to college and the real world? Sure, the medicine and physiology is different (children aren't "just small adults"), but the social and emotional changes are also never-ending and fascinating. To be able to form relationships through that, and help shape their future, is such a privilege.

## PERSONAL INTERESTS

In addition to being "Dr. Katie" I am also a wife and momma to two girls – and hanging with them is one of my greatest joys, inspirations and interests in life. I'm sure you will hear me talk about them. I also love slow summer days at the lake, hiking, running, enjoying yummy foods and trying out new restaurants, coffee dates with friends, exploring different aspects of personal wellness, and sharing mom and medical knowledge on social media.

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more about  
Dr. Katie!

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