



PULLMAN
REGIONAL
HOSPITAL

CENTERED ON EXCELLENCE

simplyhealth

PULLMAN REGIONAL HOSPITAL AND FOUNDATION

PAGE 5

Innovation
in action:
EveryBODY
Healthy
Exhibit opens
at PDSC.

PAGE 8

Cardiology
services are
expanding
on the
Palouse.

2017

Annual Report to the Community

The Next Era of Excellence

Since the inception of Pullman Regional Hospital in 1947, Pullman's hospital was built for the community, by the community. Our duty as a public hospital district is to serve the healthcare needs of Pullman and the region by monitoring the community's growth, listening to our patients' needs, researching technological advances in medicine, and building for the future.

Meeting the needs of our community

Our initial vision of building a self-sustaining, self-determining hospital that meets the future healthcare needs of the community was called Community Health 2020. It has evolved in to **The Next Era of Excellence**. This plan will continue the success of our community hospital, to keep pace with medical and information technology; build more space for physician practices, medical residents, telehealth, simulation training, and a Center for Women's & Children's Health; and provide a coordinated patient experience—all in one location.

Soon we will announce our plans to move to **The Next Era of Excellence** and why it's so important that we, as a community, invest in our healthcare facilities, services and equipment to continue our commitment to our five-star patient experience.

Expanded cardiology services

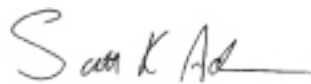
On page 8, you can read about our current efforts to expand cardiology services on the Palouse, building on decades of commitment from Dennis Simpson, MD. In addition to Dr. Simpson's noninvasive cardiology care, David Jones, MD, began his practice at Palouse Heart Center in September 2017.

Adding to this expanded availability and in recognition of Dr. Simpson's continuing service, the PRH Foundation has established the Dennis L. Simpson Distinguished Directorship for Cardiology through the Ed and Beatriz Schweitzer Founding Benefactor Fund for Cardiology. This endowed directorship not only honors Dr. Simpson and his ongoing service to his patients, but it also provides financial and professional support for the continued growth and development of cardiology services on the Palouse.

A bright future lies ahead

We must continue to grow our services and move to **The Next Era of Excellence** as a leading-edge public hospital district. We will continue to look to the strengths and generosity of our community to move us forward as a progressive, high-quality hospital. Thank you for your support!

Sincerely,



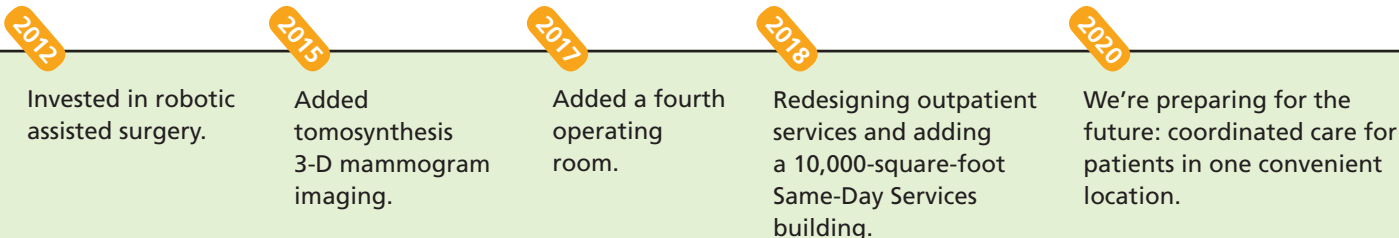
Scott K. Adams, Chief Executive Officer



Outpatient growth over the past 10 years has increased by
54%
and that trend is not expected to slow down. See more on page 4's "2017 year in review" statistics.



Over the past 10 years, our hospital has continued to grow and thrive in the constantly changing healthcare environment.



PRH Auxiliary celebrates 50 years of putting patients first

This year marks 50 years of the Auxiliary funding patient comfort at Pullman Regional Hospital and significantly contributing to our five-star patient experience.

In 2017, the Auxiliary awarded more than
\$20,000 in
funding to hospital
departments, supporting:

- Patient boards for rooms in Birthplace
- Materials for rice bags for laboring mothers
- Care coordination
- Registration for pediatric End of Life Nursing Education Consortium courses
- GenerosityInspires promotions
- Art cart and supplies for art therapy classes
- Pedometers for Healthy Steps Together program
- Yoga mats for Healthy Steps Together program
- Children's books, coloring books and crayons for Emergency Department waiting room
- Gas cards, art supplies, and fleece blankets for Social Services department
- Feeding Team positioning chairs
- Women's Health table
- Acoustical ceiling tiles for Summit Therapy & Health Services
- Clinical pastoral education
- Continuing education training for volunteers

We are grateful for the Auxiliary's rich and generous history of enhancing patient care and comfort at PRH. Thank you to our Auxiliary members and those who participate in the Auxiliary's annual fundraisers.

Letter of thanks

I am writing this email in praise of and in gratitude to your emergency room staff.

On Jan. 1, 2018, it was necessary for me to bring my wife to Pullman Regional Hospital's Emergency Department. We had traveled to Washington state from Delaware to visit family for the holidays. You can imagine how nervous I was to be in a city where I did not know any doctors but needed to obtain medical care for my wife. To compound this, my wife suffers from a rare disease which requires a protocol to be followed prior to any procedure being performed.

We were greeted by a cheerful receptionist who took all of our information and set us up to be taken into a room for treatment. We waited for a very brief time in the waiting area before a very cheerful CNA came out to the reception area to escort us into an examination room. Another member of your staff came into the room and meticulously took down the details of my wife's complaint and medical history. When she saw the vast list of medications my wife takes for her condition, she asked if she could use my list to go outside and enter this information into my wife's records. Shortly thereafter a nurse entered the room, introduced herself, and assured us that a doctor would be in soon.

Within minutes we met Aaron Scott, MD. He listened to my wife's concerns and examined her. Just as important, Dr. Scott listened to me as I explained about my wife's illness. He took the time to make a copy of her medical history, which I brought with us. I know that Dr. Scott took the time to read the history and follow the protocol and precautions which my wife's specialist wrote up in the medical history prior to initiating his treatment procedure. Although I was not in the treatment room during the procedure, my wife told me that Dr. Scott was wonderful and caring as he treated her.

When we are in the public eye, we often do not hear praise when it is deserved; most often we hear complaints and criticism. So I thought it was important to voice my gratitude and give kudos to all the ED staff members with whom we interacted on that day. Please relay my thoughts to your staff when time allows. Thank you.

Sincerely,

Larry and Patricia Lieberman



Share your Pullman Regional story at pullmanregional.org/stories.

PULLMAN REGIONAL HOSPITAL VITAL SIGNS

20
17
YEAR IN
REVIEW



287 ^{and} 179
full-time part-time employees

178
volunteers

104
Auxiliary members

157
medical staff

TEAMWORK BY THE NUMBERS

1,801 men, women,
children and
newborns as
inpatients

80,300 individual
outpatient visits

42,804 clinic visits

4,600 patient days

16,250 observation
hours of care

429 births

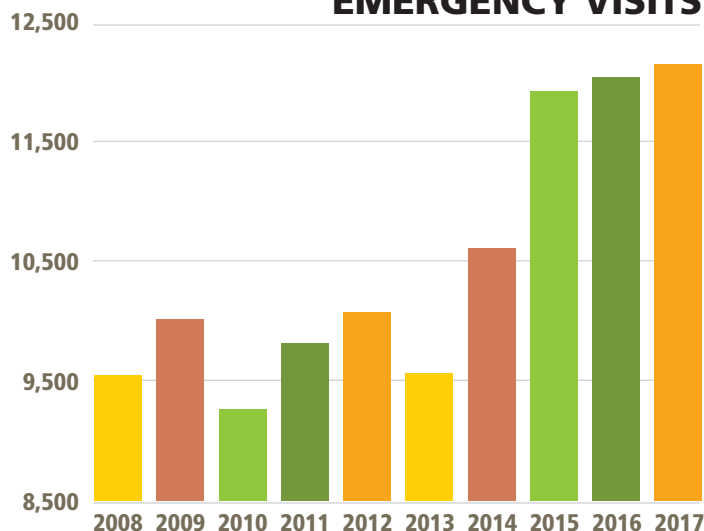
12,188 Emergency
Department visits

99,570 laboratory tests
performed

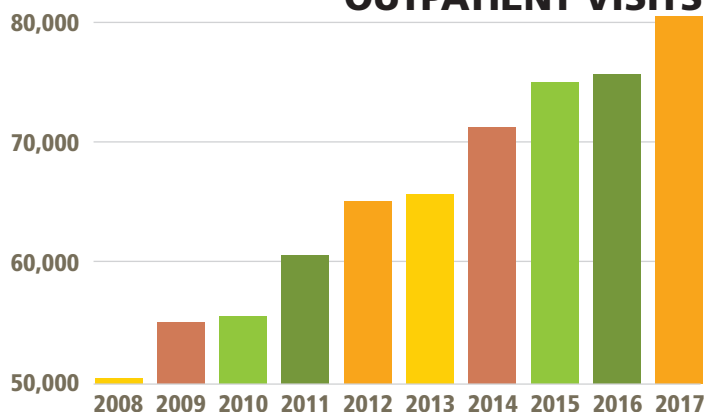
32,652 diagnostic imaging
studies completed

4,013 total surgical
and nonsurgical
procedures

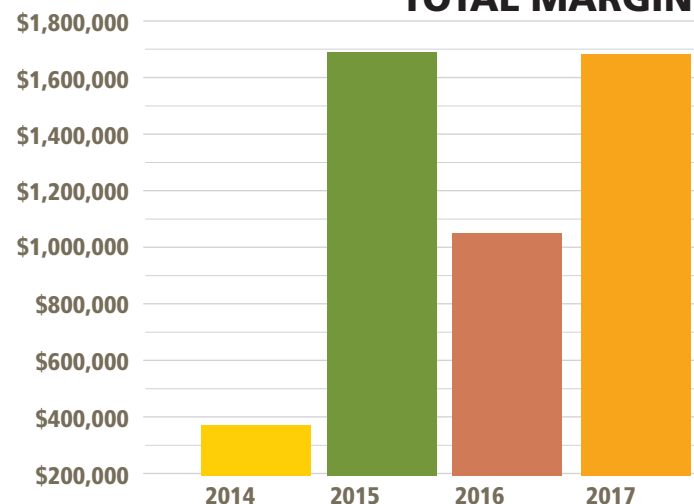
EMERGENCY VISITS



OUTPATIENT VISITS



FINANCIAL HEALTH: TOTAL MARGIN



The total margin for the Public Hospital District 1-A was **\$1,682,982** in 2017.

STATS

Learning & Innovation

Using research and creativity to improve health



EveryBODY Healthy Exhibit for kids

The Palouse Discovery Science Center in Pullman became our partner in 2017 for educating and empowering children to understand their bodies and health with a new exhibit.

Unveiled in January 2018, the EveryBODY Healthy Exhibit is interactive and familiarizes youth with medical environments terminology.



Speech Sounds Visualized app now available

Created by Keri Jones, Speech Language Pathologist, through the Center for Learning & Innovation at Pullman Regional Hospital, **Speech Sounds Visualized** is a first-of-its-kind web-based tool that shows the user how the mouth, tongue and throat make sounds for clear pronunciation.

Designed for both adults and children, the customizable app helps English language learners pronounce standard American English sounds more clearly and is also beneficial for accent reduction.

Speech Sounds Visualized is the only app using a combination of x-ray images, audio recordings, and written instructions to guide the user in forming the standard American English sounds. The innovative x-ray technology to capture the movements of articulation was overseen by a radiation health physicist.

Speech Sounds Visualized is a new digital app designed for English pronunciation training and is available on Apple's App Store for \$9.99.



To learn more and download the app, visit pullmanregional.org/speech-sounds-visualized.

Fellowships awarded for Innovation in Healthcare 2017

The Community Health Impact Fellowship Program was created by the Pullman Regional Hospital Center for Learning & Innovation in 2016 to encourage community collaboration, collegiality and productivity to dramatically improve healthcare delivery and improve patient outcomes.

The fellowship is available to faculty at Washington State University who work with hospital departments to test their research through real-time experiences in a clinical setting while using hospital data.

The 2017 awards were presented to Bidisha Mandal, PhD, with the WSU School of Economic Sciences; Hassan Ghasemzadeh, PhD, with the WSU School of Electrical Engineering and Computer Science; and Lei Li, PhD, with the School of Mechanical and Materials Engineering.

The review of the 2018 applicants is in process and we look forward to working with additional faculty to improve healthcare and research in our community.



For more information on the Community Health Impact Fellowships and the Center for Learning & Innovation, visit pullmanregional.org.



Hassan Ghasemzadeh, PhD
2017 Community Health Impact Fellow



Lei Li, PhD
2017 Community Health Impact Fellow



Bidisha Mandal, PhD
2017 Community Health Impact Fellow

Expanding our team for greater patient access

In 2017, Pullman Regional Hospital added many physicians to its medical staff to continue to provide the region access to a comprehensive array of primary and specialty care providers.



**Brenna
Harris, DO**
Palouse
Medical



**Richard
Malyszek, MD**
Palouse
Surgeons, LLC



**Kassie
Tricolla, MD**
Palouse
Medical



**Kyle
Hazelwood, MD**
Inland
Orthopaedic
Surgery & Sports
Medicine



**Ben
Rhoades, DO**
Emergency
Medicine



**Cameron
Lovinger, CRNA**
Pullman
Anesthesia



**John
Horstkamp, MD**
Pullman Family
Medicine



**Chad
Sanders, PhD**
Palouse Psychiatry
& Behavioral
Health



**Christopher
Lundy, CRNA**
Pullman
Anesthesia



**David Jones,
MD, FACC**
Palouse Heart
Center



**Tim
Stoddard,
MD**
Palouse
Psychiatry &
Behavioral
Health



Looking for a provider? Visit
pullmanregional.org/find-provider.

Rural Medical Residency Program

Preparing for the future

Pullman Regional Hospital

has taken an important step toward establishing a rural medical residency program here on the Palouse—the first of its kind. We are working with the Accreditation Council for Graduate Medical Education (ACGME) to establish an accredited rural residency training track for graduate medical education in Family Medicine with the Spokane Teaching Health Center program. The goal is to train and retain these residents to continue to practice medicine on the Palouse.

In January, a representative from the ACGME visited the Pullman and Spokane sites as part of the accreditation process. Robert Maudlin, PharmD, the Spokane Teaching Health Center designated institutional officer, organized and facilitated the site visits, which included a review of physical space, proposed curriculum, documentation and involved faculty.

Journey to accreditation

A residency is additional training that follows graduation from medical school. PRH's rural residency track in family medicine would be three years long, with the first year in Spokane and the second and third years in Pullman.

A decision to accredit the program is expected in April. If approved, medical students applying to qualified residency programs will be matched to Providence Holy Family Residency program with the Pullman Regional Hospital Rural Pathway in the fall of 2018.

Two applicants will be chosen and will begin their first year of residency in family medicine at Providence Holy Family Hospital in Spokane, followed by two years in Pullman.

In 2021, two more residents will be training in Pullman, bringing the total residents to four.

Teaching the next generation

Stephen Hall, MD, family medicine



We also know that residents are more likely to go on to practice as a physician where they performed their residency, so we are taking a proactive approach to build a residency program in Family Medicine to help build the future we want for healthcare on the Palouse.

—Scott Adams, CEO, Pullman Regional Hospital

physician with Palouse Medical in Pullman, is the site director for the Pullman Rural Pathway, along with multiple members of PRH's medical staff, who will serve as faculty and be involved in training.

"We are already actively involved in teaching the next generation of healthcare providers through the area nursing school agreements, student volunteers, job shadows and medical students" says Gerald Early, MD, Chief Medical and Innovation Officer at PRH. "Through the Pullman Rural Pathway, we will have an accredited medical residency track with two medical residents training in Pullman, beginning in 2020."

Entering The Next Era of Excellence

Scott Adams, Chief Executive Officer, says this is part of the hospital's **Next Era of Excellence** in healthcare. "We know that it's critical that PRH and the Palouse continue to have a strong medical staff of primary care physicians and specialists in the future," he says.

"We also know that residents are more likely to go on to practice as a physician where they performed their residency, so we are taking a proactive approach to build a residency program in family medicine to help build the future we want for healthcare on the Palouse," Adams says.



Pullman Regional is reaching for the future. Find out what else is changing at pullmanregional.org



Expanding cardiology services at Pullman Regional Hospital

Meet our cardiology providers



David Jones, MD, FACC, is a board-certified cardiologist with Palouse Heart Center, located at PRH full-time.



Dennis Simpson, MD, is a board-certified internist, specializing in non-invasive cardiology with Palouse Medical. He has been practicing on the Palouse since 1982.



Janice Christensen, MD, FACC, and **Bryan Fuhs, MD, FACC**, are both board-certified cardiologists with Spokane Cardiology. They provide comprehensive cardiology care through PRH's specialty clinic twice a month.



Heart disease

claims the life of 1 out of 4 people in our country. As the leading cause of death for both men and women, it is a grim health crisis in need of hope.

Hope is prevention, early detection and starting patients on their journey to healing, within the comfort of their community.

At Pullman Regional Hospital, we're expanding our cardiology program and building on the legacy of Dennis Simpson, MD, who has provided heart care on the Palouse for more than 35 years.

Joining Dr. Simpson in PRH's cardiology program is David Jones, MD, FACC, to continue and enhance the level of care for our cardiac patients—right here at home.

In addition, two cardiologists from Spokane Cardiology are also providing services through our Specialty Clinic every other week.

A full spectrum of care

PRH cardiology services include:

- Consultation for cardiac patients with heart failure, valvular heart disease, coronary artery disease, arrhythmias and symptoms of possible heart disease
- Education for preventing heart disease
- Interpretation of echocardiography and stress tests for early diagnosis and intervention

- Transesophageal echocardiogram, an ultrasound diagnostic tool for clearer pictures of the heart
- Pacemaker implantation and monitoring
- Implantable loop recorder, for continuous heart monitoring

2018 Highest Needs Fund Drive

To continue improving and expanding our cardiology services, high-priority upgrades are needed. These include:

- An upgrade for hospital patient monitoring system with a more advanced alarm system
- New digital system for storing and sharing patient cardiac data all in one place, with off-site reading capabilities for physicians
- Cardiac treadmills, used for diagnostic testing
- Cardiac-specific ultrasound machines and transesophageal echocardiography probe for superior images of the heart
- Ambulatory rhythm monitoring for at-home heart rhythm monitoring
- EKG machines, used for diagnostic testing of electrical impulses

Comprehensive heart care has been a longtime need of our region. Providing these services decreases patient travel for out-of-town treatment, provides earlier diagnosis, and starts patients on their journey to healing within the comfort of their own community and homes.



For information on PRH's cardiology services or to contact these providers, visit pullmanregional.org and click on "Services."



Gala raises **\$625,000** for cardiology services

A heart for philanthropy

Ed and Beatriz Schweitzer Founding Benefactor Fund for Cardiology

At the 12th annual Pullman Regional Hospital Foundation Gala, Ed and Beatriz Schweitzer took to the stage for a surprise announcement to honor local physician Dennis Simpson, MD. The community leaders shared their passion for supporting cardiology services on the Palouse with the creation of the Ed and Beatriz Schweitzer Founding Benefactor Fund for Cardiology. The \$250,000 gift will support the collaborative efforts of the hospital and local physicians to provide heart care on the Palouse.

Pullman Regional Hospital Foundation's "Elegant Affair," the 12th annual Gala (presented by Avista), drew 320 hospital supporters to the SEL Event Center on Feb. 3, 2018.

The announcement of the hospital's 2018 priorities by hospital CEO Scott Adams revealed the hospital's commitment to supporting cardiology services on the Palouse, officially kicking off the fundraising drive.

A preliminary goal of \$1 million will help fund cardiology equipment. With the Gala program half over, Adams announced a profoundly generous gift of \$250,000 by Ed and Beatriz Schweitzer on top of their \$250,000 gift to the Ed and Beatriz Schweitzer Founding Benefactor Fund for Cardiology. The Schweitzer's leadership gift, and the generosity of the community through event registrations, sponsorships, and auction and raffle proceeds, brought in more than \$625,000 to support cardiology services on the Palouse.



Visit **pullmanregional.org/foundation** to see how you can give.

From the CDO

Awe, humility and gratitude



It seems every year is full of surprises—and 2017 was no different.

From the Gala to the Golf tournament, to new programs and

services, it was a year of good surprises and hard work to meet the hospital's needs.

Planning, focus and discipline by the Pullman Regional Hospital Foundation Board and staff put us in a position to help the hospital achieve its financial goals.

Funding renovations and expanded services

The hospital was in need of more space for same-day services, and the community stepped up and contributed more than \$750,000 for the construction of a new 10,000-square-foot, \$3 million facility.

We were awed and surprised when Ed and Beatriz Schweitzer announced a \$500,000 gift at the 2017 Gala to kick off the Same-Day Services Building fundraising program. Construction will begin in the spring of 2018.

Providing athletic training services to local high schools

There was a need to provide more and consistent athletic training services to area high school student athletes.

Ed Tingstad, MD, and Steve Pennington, MD, from Pullman Regional Hospital Orthopaedic Center of Excellence (in partnership with Pullman Regional Hospital), the Foundation and Pullman, Colton, Potlatch and Garfield-Palouse high schools made a commitment to hire one part-time and four full-time and certified athletic trainers as part of a three-year pilot program.

With full-time trainers at each high school district last fall, more than 750 student athletes have seen better access to athletic training care and orthopaedic services.

The Foundation Board committed to raising \$405,000 over the next three years to support the program with Dave Christy State Farm, Avista Foundation and Shelley Bennett Palouse Commercial Real Estate joining on as the first corporate supporters.

Our first public fundraising event was a celebrity athlete autograph session, sponsored by Zeppoz, and community members continue to show support through the Regional High School Athletic Training Program fundraising guild.

Growing the Women's Leadership Guild

There was a need to build on the great leadership of Ashley Alred, past chair of the Women's Leadership Guild. Angie

Feuerstein accepted the challenge and has been running full-speed since. With the help of the board and current members, she grew membership by 41 percent to 34 members in 2017 and provided seven grants to women and children agencies. Women leaders in this community are meeting a need to support the health and wellness of women and children in our region.

Humility and gratitude

I am humbled and grateful every day to be in this role, working with excellent staff, generous donors, and strong hospital and Foundation Board leaders. Everyone is supporting the healthcare needs in our community.

I am sure there will be more surprises and challenges in 2018, but we will focus and continue to build trust with community members to make this the best healthcare environment for all.

Thank you for your continued support of Pullman Regional Hospital.

Best regards,

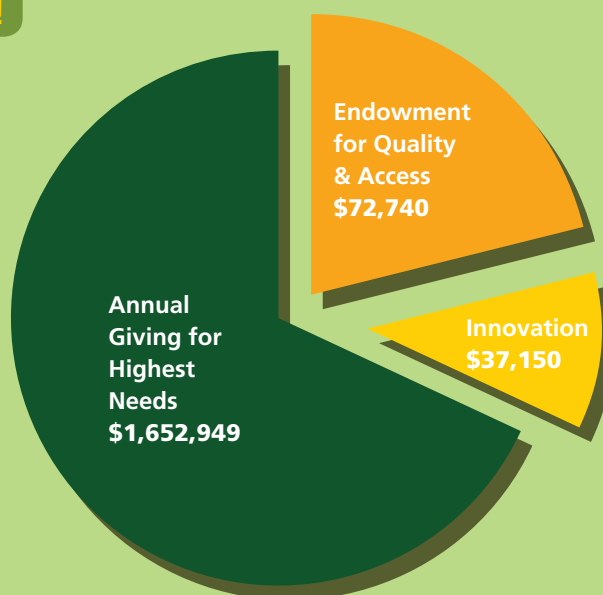
Rueben Mayes, MBA, CFRE
Chief Development Officer

Thank you for your generosity!

PULLMAN REGIONAL
HOSPITAL FOUNDATION

2017
FUNDRAISING

TOTAL:
\$1,762,839



Total of
725
donors in 2017

These amounts reflect all gifts, grants and pledges received.

2017: An eventful year

Our community generously supports our essential goals and needs



A successful 2017 Annual Giving program in support of our highest needs ensured Pullman Regional Hospital can build on the five-star patient experience and serve more patients needing same-day services by expanding the hospital's footprint to include a building expansion.



11th annual PRH Foundation Gala

More than 325 hospital supporters gathered at the 11th annual PRH Foundation Gala (presented by Avista) to celebrate accomplishing the 2016 fundraising goal for the hospital's highest needs—the addition of a fourth operating room and updating surgical technology and equipment.

The 2017 highest needs goal—the hospital's building expansion for Same-Day Services was shared, followed by a surprise announcement of a \$500,000 gift from Ed and Beatriz Schweitzer. Their generosity, together with \$157,000 in event proceeds, raised more than \$657,000 in revenue for the hospital's highest needs.



iHeart Pullman Benefit Concert

Washington State University (WSU) students held a benefit concert, headlined by Allen Stone, on the WSU campus. With support from the Associated Students of WSU, students Emyly Hall and Amanda Jordan led planning efforts for the iHeart Pullman Benefit Concert (presented by College Hill Custom Threads), and raised more than \$25,000 for the hospital's highest needs.



12th Annual PRH Foundation Golf Classic

A sold-out 12th Annual PRH Foundation Golf Classic (presented by Columbia Bank) hosted 126 golfers at the region's "most fun" golf tournament.

Golfers and sponsors teed up the highest grossing tournament to date—totaling \$88,000 in support of the Same-Day Services Building Expansion Project.



Fifth Annual Auto Dealers for Health

The four Pullman auto dealers (Chipman & Taylor Chevrolet; Jess Ford of Pullman; Toyota of Pullman; and Wysup Chrysler, Jeep, Dodge, Ram & Imports) teamed together for a fifth year to support hospital patients by donating funds—\$100 of each new and used vehicle sold during the month of August—totaling \$28,200.



Inaugural Trap Shoot

The first annual Trap Shoot, "Shoot for a Cause," hosted by the Colton Boosters Gun Club, drew participants from as far as Spokane, Washington. The fundraising event was inspired by Chris Jensen, PRH IT Department Director, and raised funds for the hospital's highest needs.

Women's Leadership Guild

In its third year, the Women's Leadership Guild continued to recruit members who want to make a meaningful difference through the power of philanthropy. Chair Angie Feuerstein nearly doubled membership in 2017. Fifteen regional nonprofits submitted applications for the 2017–2018 grant cycle, and members voted to award funds to seven agencies at \$2,000 apiece in addition to supporting the hospital's highest needs.

2017 DONOR SPOTLIGHT



Ed and Beatriz Schweitzer

Community leaders Ed and Beatriz Schweitzer generously contributed \$500,000 to help fund the Same-Day Services building expansion project. Their gift was the catalyst to building a highly successful fundraising drive to support the construction of a 10,000-square-foot addition to treat patients needing same-day hospital services.



Gene Apperson

Gene Apperson's support of the hospital's Center for Learning & Innovation is helping to create a rich environment for employees to think outside of the box and encouraging community collaboration to improve healthcare delivery in our region.

"Pullman Regional Hospital treated my son for a major illness—our experience was great. I appreciate that it's a forward-thinking, innovative source of great help to the community," says Gene Apperson, Co-founder and former VP of Engineering at Diligent Inc.



Avista Corporation

Avista and its Foundation have been strong partners with Pullman Regional Hospital for more than 13 years. Avista's grants and sponsorships have given the yearly highest-needs fund drive a solid foundation for years. Grant support has emboldened programs promoting physician retention and patient care. Pictured are Kristine Meyer, Executive Director of the Avista Foundation, and Paul Kimmell, Palouse Area Regional Business Manager with Avista Corporation.

Recruiting, retaining and training exceptional physicians

The Endowment for Quality & Access

At Pullman Regional Hospital, we recognize it is the actions, passion, compassion and talents of many which provide the five-star patient experience. At the heart of healing are physicians—an essential component responsible for a thriving community.

We have a bold vision that by 2020, we will have taken action to ensure that access to physicians, along with the highest standards of care, will never be in jeopardy.

Endowment milestones

Now in its fifth year of development, the Endowment for Quality & Access is our solution to fund recruiting, retention, and training efforts to ensure exceptional physicians are here for our community.

A new investment advising relationship with Merrill Lynch and the Steve Harmon group has shown increased returns in comparison to market benchmarks. To date, we have raised approximately \$4.1 million toward a \$10 million goal.

Earnings from this fund are transferred to PRH on a yearly basis and have funded:

- The Physician Leadership Council in their regular council meetings, their continuing leadership education, and their role as advisors to PRH in ensuring our ability to meet the medical needs of our community.
- Support of the efforts to recruit an additional orthopaedic surgeon and a cardiologist to serve our community.
- The Regional High School Athletic Training Program, which provides full-service athletic training coverage for local high schools.

Volunteers make a difference

Volunteers play a key role in the success of the Endowment for Quality & Access. Funds and distribution are governed by the Foundation Board. Volunteer Giving Committee and Regional High School Athletic Training Program Guild members help our staff develop meaningful relationships with our donors.



Learn more at pullmanregional.org/endowment-for-quality-and-access.

Ed Tingstad, MD, (pictured) and Steve Pennington, MD, partnering orthopaedic surgeons with the Orthopaedic Center of Excellence, are championing the Regional High School Athletic Training Program to help keep high school student athletes healthy and safe.





Frances Preston, with Pullman Regional Hospital Summit Therapy & Health Services, works with a young patient.

Thank you!

The Foundation Board and Pullman Regional Hospital thank everyone for gifts, grants and pledges made in 2017.

(Gifts acknowledged here do not include pledge payments made in 2017).

Visit pullmanregional.org/foundation to find out how you can make a world of difference in our community.



Jan. 1 to Dec. 31, 2017

\$100,000 to \$500,000

Anonymous
Ed and Beatriz Schweitzer

\$25,000 to \$49,999

Anonymous
METER

\$10,000 to \$24,999

Gene Apperson
Avista Corporation
William Brock and Dr. Kim Guida

Coverys
Dixon Challenge
Dr. Gerald Early
Drs. Keith Gautreaux and Shaleah Jones
Bradford Jackson
Palouse Commercial Real Estate
Darl and Star Roberts
Schweitzer Engineering Laboratories, Inc.
Dr. Ed and Laura Tingstad
Wysup Chrylser, Jeep, Dodge, Ram and Imports

\$5,000 to \$9,999

Scott and Sharon Adams
Anonymous
Associated Students of Washington State University

Chipman & Taylor Chevrolet
Columbia Bank
Jeff and Jill Elbracht
Dr. Kenneth Gibson
Larry and Kate Gross
Dr. Stephen and Sharon Hall
HRC Wealth Management, LLC
Jess Ford
Max and Sara Moore
Frances Pettit
Jerman and Marguerite Rose
Toyota Dealer Match Program
Toyota of Pullman
Chip and Amy Tull
Zeppoz

\$2,500 to \$4,999

Allegra Printing & Design
Darren and Ashley Alred
Mike and Bernadette Berney
Greg and Karin Bloom
Brown Contracting and Development, Inc.
Canon Solutions America
Matt and Lynda Carey
Elizabeth Clark
Dave Christy State Farm Insurance
Design Effects
Jeff and Angie Feuerstein
Jonny and Natalie Fisher
Albert and Joan Frakes
Andrea Gallagher
Michael Harris and Dr. Karen Geheb

GUARDIAN ANGEL PROGRAM PULLMAN REGIONAL HOSPITAL

The Guardian Angel program gives grateful patients an opportunity to honor a physician, volunteer or hospital staff member while supporting the hospital's highest needs.

2017 GUARDIAN ANGEL RECIPIENTS

Charles Jacobson, MD, Inland Orthopaedic Surgery & Sports Medicine, honored by Albert and Joan Frakes and Robbin Hoch

Ed Tingstad, MD, Inland Orthopaedic Surgery & Sports Medicine, honored by "Force of Nature"

CS (Jack) and BettyJo Hilliard
Glenn and Kathryn Johnson
Kimball Funeral Home
KQQQ & KHRT Radio
Steve and Edie Mader
Rueben and Marie Mayes
Neill's Flowers and Gifts
Northwest Mutual Financial Network
Mike and Jackie Rask
Robville Homes
Justin and Amy Rogers
Saddle Ridge Properties
Dr. Gordon Sedlacek
Swire Coca-Cola
Washington Trust Bank
Jesse and Alison Weigley
Ernest and Marie Weiss
Ray and Pat Wright

\$1,000 to \$2,499

Robert and Carolyn Allan
Lori Ammons
Joanne Anderson
Anonymous
Automated Accounts, Inc.
Linda Bailey
Melinda Beasley
Francis and Heidi Benjamin
Shelley Bennett
Dean Bloomfield
Mike and Dede Boone
Anjan and Francy Bose
Brandon and Marilyn Burch
John and Linda Chaplin
Vishal Chaudhry

Carol Chipman
Barbara Christensen
Coldwell Banker Tomlinson
David Coon
Laurence Davin
Design West Architects
Donald and Joye Dillman
Bill and Katie Evermann
Druffel
Kurt and Sarah Druffel
Wil and Andi Edwards
Crista Emerson
Engage
Greg and Jeannie Eylar
Steve and Meridee Febus
Jerry and Donna Finch
Jack and Linda Fulfs
Myrtle Fulfs
Bill and Felicia Gaskins
Gehring and Associates
Tim and Kirstin Gehring
Gold Medal Swimming Clinics, Inc.
Walter and Orbie Gray
Mark and Fran Hermanson
Michael and Becky Highfill
Joe and Sharon Hindman
Norris and Jeanne Holstad
Marian Hood
Drs. John and Aurora Horstkamp
Andrew and Andrea Howell
Huckabay Foundation
Incyte Diagnostics
Inland Cellular
Irwin, Myklebust, Savage & Brown, PS
Karen Kinzer

Velle and Judy Kolde
Don and Marianna Matteson
McGregor Company
Merrill Lynch
Merry Cellars Winery
METER/Campbell Scientific
Ty and Kay Meyer
Dr. Peter Mikkelsen and Anna Lim
Peg Motley
Michael Neff and Sandy O'Keefe
Noel Nicolai
Scott and Shauna Patrick
Stacey Pearson
Gary and Judy Pickelsimer
John and Stephanie Pierce
Presnell Gage, PLLC, Pullman
David and Kristin Prieur
Ed and Ferris Robertson
Michael and Carol Rydbom
Sam Dial Jewelers
PJ Sanchez and Kelli Kamimura
Keith and Mary Lou Saxton
Arthur and Susan Schultheis
Kirk and Noel Schulz
Cotton and Ana Maria Sears
James and Kelma Short
Bill and Susie Skavdahl
Joshua and Jamie Smart
Mike and Christine Sodorff
David Spencer
Janice Stewart
Kiall and Stacey Swift
Buck and Mary Taggart
Tito's Handmade Vodka
Torry Dental

Umpqua Bank
Valic
Walmart
John and Pamela Walton
Jackie Sue Wilkins
Wills and Associates, PLLC
Anthony T. Wofford
Patrick and Karen Wuestney
Ralph and Valerie Yount
Cindy Zaring

\$500 to \$999

Anonymous
Aitken, Schauble, Patrick, Neill & Schauble Attorney
Jack and Marilyn Alexander
Aon
Aurelius Golf
Lee and Maxine Barnesberger
Dr. Stephen and Verna Bergmann
Gary and Karen Bloomfield
Cynthia Carver
Mitch and Mary Jo Chandler
Matthew Chastek
Laura L. Child
Charles and Carrie Coen
Brad and Linda Cook
Rex and Alice Davis
Digilent, Inc.
Dissmore's IGA
Robert S. Dunning
Roger and Representative Mary Dye
Dillon Ellis
Andrew and Alison Flabetich
Foster Pepper, PLLC

Dr. Dennis and Regina Garcia
Walter and Patricia Grantham
Jon Greene
Wade and Linda Hampton
David and Jenny Harder
Randy Hartig
Linda Hastings
Charles and Sue Hilliard
Hilliard's Heating & Plumbing
Robbin and Patricia Hoch
Roxanne Hodges
Mary Nell Holden
Robert and Ruth Holmes
Hub International Insurance
Dr. John and Mary Huberty
Fritz and Mary Hughes
Fred and Lianne Inaba
J & H, Inc.
Phil Johnson
Jeff Kimberling and Megan Guido
Annette Kramer
Elizabeth Lee
LMK, Inc.
Bonnie Martin
Thomas and Claudia Mays
Archie and Shelley McGregor
Michael McNamara
The McWhirter Family
Barry and Danna Moore
Ron Moser
Jessica Munson
Lavanya & Mangapathi Mynam
Herbert and Barbara Nakata
Thanh-Xuan Nguyen

Charles and Gwen Oldenburg
Dr. Steven and Rachel Pennington
Donald and Monica Peters
Pickard Orthodontics
Sid and Penne Pierson
Tony Poston
Acacia Prather
Linda Rauch
David Rees
Col. Robert and Miriam Rehwaltd
RE/MAX Home and Land
Jonathan and Janet Richards
Amber Roberts
Jack and Belle Rogers
Bernard Schultheis
Kelly Sebold
Robert and Jane Shrope
Sid's Professional Pharmacy
Bryan and Kathy Slinker
Michael and Patricia Sturko
Tessa Swift
John and Eliza Teague
The Shopko Foundation
Mark and Joanie Thomas
Tanner Thorton
Oliver and Rachel Thurman
Katie Van Wyngarden
Waddell and Reed, Pullman, WA
Robert and Karne Warner
Washington Trust Bank
Wealth Management & Advisory Services
David and Nicole Whitehead
Wine Valley Golf Club

\$1 to \$499

Dr. Betty Adams
Colleen Adams
Anonymous
Agpro Marketing and Manufacturing, Inc.
Kenneth and Kay Ailor
Jamie Alexander
J. Richard Alldredge
Debra A. Allen
James Allen
Debra Allen
Thom and Kris Allen
Almota Elevator Co.
Almota Fiber, LLC
Christopher Anderson
Jennifer Anderson
Jon Anderson and Rosalie Watters
Dan and Barbara Ashton
Kirk Ayers
Richard Backes
Badger Braces
Bridget Bailey
Peter Barone
Cheyenne Basher
ToniJo Batterton
Tony and Tracie Bean
Jennifer Becker
Robert Becker
Gregory Benner
Becky J. Bitter
Frank and Betty Anne Blain
Michael and Justina Blackburn
Nicole Blaker
Mark Blankenship
Jeanne Block
Blue Ribbon Linen Supply
Lori W. Bobo
Karl and MaryAnn Boehmke
Susan Bohm
Sadie Boone
Marcus Bordsen
Leanne Borgen
Steven Bosoa and Sarah Rial
Travis Boughton
Dineo Boyd
Sandra Brabb
Pam Lynn Bradetich
Alberta L. Brassfield
Patrick Brausen
Ellen Brewer
John Brewer
Brian's Body Shop
Thomas and Marilyn Brigham
Michael Brodeur
Constance Brown
Derek Brown
Kelly and Kathleen Brown

Robert Bruner
Michael Bryant
Ameen Buera
Busch Distributors, Inc.
Charles K. Butts
Dr. Richard Caggiano and Karen Karpman
Douglas Call and Nina Woodford
Ross and Cassandra Calloway
Keith Campbell
J.M. and Helen Campero
Pat and Laurie Caraher
Lynn Carmichael
Carol Carney
John and Linda Carney
Ken Carper
Josh and Cindy Carver
Linda Chalich
Chris and Miranda Chandler
Brandon and Sarah Chapman
Janice Chenette
Kim and Sarah Chilson
Cindy Chittenden
Rock Christeson
Cathryn L. Claussen
Cody Cleary
Coffey Communications, Inc.
John Cole
Mary Cole
Sue Cole
Colton Booster Gun Club
Kyle Conklin
Philip and Kim Cook
Cody Cope
Lisa Cordodor
Courtyard by Marriott
Douglas Cox
Claude Crampton
Crimson and Gray
Jason and Sarah Cushman
Daily Grind
Roger and Jacqueline Daisley
Jenna Damberg
Sarah Daoud
Michael R. Daugherty
Dave's Golf Shop
Mary Lillian Davis
David and Jennifer Dean
Delta Dental of Washington
Kaela Dewan
Richard Domey and Diane Gillespie
Patrick and Trisha Doumit
Jennifer Dreeves
Allen Drew
Tatiana Dreyer
Patty Druffel



**Pullman Regional Hospital Surgery
Department staff members.**

Sherrill Dubberly	Matt Hawley	Leonard Labine	Christopher Nash	
Judy Dunn	Stephanie Hawley	Tony and Linda Lam	Alan Nasypany	
Marie Dymkoski	Alex Hays	Dave and Melanie Lange	John Neff	
Ken Dzuck	Luke Hayton	Kara Lange	Howard and Mary Jane Neill	
Tracy Echanove-Richards	Health Information Management Staff	Jane Lariviere	Jeff Nepute	
John and Kristine Eckert	Teri Heilsberg	John and Nancy Lee Larsen	Erik and Connie Newman	Charles and Barbara Robbins
Michelle Ellinwood	Bruce and Laurelee Heimbigner	Eric and Donna Larson	Nicholas Nicholson	Ken Roberts
Shelley Engle	Renee Heimbigner	Greg Larson	Nikki Nolt	Niki Roberts
Marie Erickson	Marie Heisler	Steve and Holly Ledgerwood	Lila Nordin	Brinda Robin
Richard Evans	Debbie Heistuman	Marty and Kristy Lees	Dave and Mariam Nordquist	Briana Robinson
Devon and Deb Felsted	Anna Henderson	Andy Lehr	Titus Nordquist	Mark and Sharon Robinson
George Fiegel	Joan Hendrickson	Jason and Katie Leicht	Greg Norman	Leslie Robison
Ed Field	Shirlee Hepperle	Elizabeth Lerandau-Hillman	Shirley Normington	Tom Rodgers
Sandra Field	Franceen Hermanson	Les Schwab Tire Center	Lucas Nurmi	Krystal Rogers
Howard and Lola Finch	Wendell and Thursa Herrett	Norman Lewis	JJ and Cheryl Oliver	Jeff and Jennifer Ronnegren
Marcy Fisher	Lonna Limburg Heuett	Adam and Kim Lincoln	James and Blair Onstad	Enrique and Anna Rubalcava
Rory and Kimberly Fletcher	Cheryl Hill	Darcy Linderman	Donald and Patricia Orlich	Jack and Marlene Ryan
Mildred Flood	Herbert and Jannette Hill	Roger and Karen Linderman	Lauren Owens	Russ Salvadalena
Janice Fluter	Ray Hillman	Alec Lisk	Carol Owings	Diane Sampson
Ryan and Shannon Focht	Mike and Sue Hinz	Dorothy Lisk	P E O Chapter S	Laurie Sams
McKenzie Forester	Jacklyn Hodson	Robert and Susan Lopez	Bruce and Barbara Palmer	Sanctuary Yoga, LLC
Eve Fortnebery	Jesse and Stefany Holcomb	Nicholas and Katherine Lovrich	Christy Pansegrau	Esther Sanders
Aaron and Dr. Stephanie Fosback	Wayne and Sandra Holderby	Lyle Lowder	Paradise Creek Brewery	Byron and Marcia Saneholtz
Paul Fox and Shelly Richardson	Holiday Inn Express Hotel	Brigitte Lowe	Rich Parkins	Roseann Sargent
Melissa Francik	Deborah Holstad	Dale and Irene Lunsford	Holli Parrish	Ben and Lisa Schacher
Dr. Richard and Sally Fredericks	Larry Hood	Joe Lynd	Gary and Anita Parrott	Patrick Schacher
Brian and Elizabeth Frederiksen	Gary and Judy Hopkins	Brian Lynn	Pat and Cherie Patnode	Gary and Susan Schell
Lacey Frei	Cynthia Hosick	Brenna Mahler	Wesley and Diane Patterson	Elizabeth Schilling
Wallis and Sue Friel	Richard Howell and Lynn Sakamoto	Janine Maines	Bill and Rachel Paul	Randy and Cindy Schlee
Richard and Marilyn Fry	John Hunt	George Malcolm	Sara Jane Perino	Erin Scholz
Mark and Janet Fuls	Gary and Beverley Hyde	David Marcus and Michelle Larrow	Alicia Phelps	Carroll and Edna Mae Schultheis
Wayne and Gayle Gallagher	Sherry Immediato	Michael A. Martin	Corrine Phillips	Rod and Paula Schwartz
Amy Garrison	Birgitta Ingemanson	Phyllis Martin	Karen Phillips	SCNS Sports Foods, Inc.
Jami Gilkey	Eric Jacobs	Randy Martin	Roopa and Sasi Pillay	Kevin Scrivner
Jeffrey Goesling	Nathan James	Virginia Martinson	Pioneer Insurance	Derek and Erin Sedam
Carla Gonzalez	Jill Jeffries	Frank and Shannon Maryott	Joe and Tamira Pitzer	Matt and Karee Shaw
Nick Gosse	Gary and Malinda Jenkins	Jennifer Matera	Suzanne Polle	Helen Shores
Michael and Christy Gould	Brandon Jenks	Keoki Mawae	Darin and Jana Porter	Aaron Shriner
Tyne Gray	Chris Jensen	Anne McCoy	Nick Prante	Kate Shumaker
Brian Green	Barbara Johnson	McDonald's of Pullman	Presnell Gage, PLLC, Lewiston	Barbara Simpson
Tim Gresback, Attorney	Erik Johnson	Karla McGee	Frances Preston	Richard and Jannan Slabaugh
Jennifer Griffin	Jennifer Johnson	Jack McGrath	Merton and Joan Pubols	Marcus Slane
Dr. Isaac Grindelnd	Paula Johnson	Donald McHargue	Ryan J. Pugh	Eric and Michelle Slocum
Kathleen Groseclose	Johnny Johnston	Martin and Susan Mendiola	Pullman Chamber of Commerce	Lloyd and Donna Slusser
Dennis and Dorri Guettinger	William and Ellen Johnston	Henry and Colleen Merrill	Pullman Disposal Service	Michelle Smith
Lucille Guettinger	Carolyn Joswig-Jones	Anthony and Kristi Meyer	Pullman McDonald's	John and Patty Snyder
Carl and Charlene Gustafson	Roger Junkermier	Colin Meyer	Jan Pyle	Al Sorensen
Jeff Guyett	Asher Kaleo	Chad Miller	Garrett Quarve	Dana Srikanth
Leah Haak Beck	Sarah Kangas-Hanes	Karen Miller	Paul and Penni Reavis	CJ and Lauren St. Clair
Jennifer Hackman	Chad Kauffman	Robert Minnix	Tom Redinger	Lily and Kirk Steinhorst
Ryan Hamilton	Nora Mae Keifer-Olfs	Laurel Mitzel	Sally Reel	Katie Stodick
Suzanne Hamilton	Andi Keller	Dan and Nora Moser	Frank and Roxanna Reisenauer	Cheryl Stolz
Robert and Donna Hanson	Ernie Kent	Betty Musick	Leo and Mollie Ressa	Kyle Strachila
Sherry Hanson	Hannah Kimball	Myers Auto Rebuild and Towing	Michelle Reynolds	Miriam Stratton
Ed and Toni Harrich	Paul and Connie Kimmell	Debbie L. Nakata	Erin Richardson	Beth Suarez
Mark Harrison	Anya Kinyanjui	Yuriy Napelenok	Jacqueline Riley	Nick Swaab
Jeff Hawbaker	William and Juanita Kinzer		Derek Ristau	Nathan Swanger
	Andrew Knecht			
	Stephanie Knewbow			
				Tom Swanson
				Austin Swopes
				Jasmine Telford
				Robert Tetzlaff
				Adam Thackery
				The Bookie
				Marvin and Dawn Thompson
				Scott and Miranda Thompson
				Trevor Thompson
				Christina Thornton
				Tim and Elizabeth Troutt
				William and Sandra Turner
				Jami Tyler
				University Collision of Moscow
				Richard Utzman
				Village Centre Cinemas
				Margaret Vogt
				Brad Vonhof
				Jacob Vowels
				Leyen Vu
				Charlie Vulliet
				Waddell and Reed, Vancouver, WA
				Ian Wallace
				Kaitlin Watson
				Richard Wayenberg
				Kristen Pearl Wedam
				Michael and Vivian Werner
				Margaret Werre
				Josh Wesselius
				Richard and Carla Wesson
				Whitman County Fire
				Jaide Wilhelm
				Catherine Wilkins
				Tim and Gina Williams
				Donald and Julie Williamson
				Elizabeth Wilson
				Edward and Brenda Wolf
				Steve and Korey Woodley
				Mark and Mary Ann Workman
				David and Marion Yonge
				Cesario Zamora
				Claudine Zender
				Gary and Sharon Zentzis
				Richard and Diane Zollars

SIMPLY HEALTH is published as a community service for the friends and patrons of Pullman Regional Hospital, 835 SE Bishop Blvd., Pullman, WA 99163, 509-332-2541, pullmanregional.org.

Scott Adams
Chief Executive Officer

Jeannie Eylar
Chief Clinical Officer

Rueben Mayes
Chief Development Officer

Megan Guido
Chief Marketing & Community
Relations Officer

Information in SIMPLY HEALTH comes from Pullman Regional Hospital. If you have any concerns or questions about specific content that may affect your health, please contact your healthcare provider.

Models may be used in photos and illustrations.

2018 © Coffey Communications, Inc. All rights reserved.

2017 Pullman Regional Hospital Foundation Legacy Society members

Scott and Sharon Adams
Stacey Aggabao
Spencer and Rae Alisch
Dr. Richard Caggiano
and Karen Karpman
Suzan Carter
Carol Chipman
Dave and Denise Christy
Charles and Carrie Coen
Dr. Gerald Early
Jeff and Jill Elbracht
Jerry and Sue Foster
Dr. Kenneth Gibson
Carol Gordon
Merle Harlow
Ed and Toni Harrich
Jack and BettyJo Hilliard
Fred Lange
Shawn and Lauré Larsen
Dr. Peter Mikkelsen and Anna Lim
James and Marji Neill
Bruce and Barbara Palmer
Sid and Penne Pierson
Joe and Tami Pitzer
Jan Pyle
Michael and Carol Rydbom
Barney and Marcia Sanholtz
Josh and Jamie Smart
John and Patricia Snyder
Mike and Christine Sodorff
Jesse and Alison Weigley
Patrick and Karen Wuestney

Investing in our future

At the heart of the journey toward advances in medicine lies an unrelenting quest to improve the human condition. We invite you to share in this voyage by becoming a member of the Legacy Society of Pullman Regional Hospital (PRH) Foundation.

The Legacy Society honors those who make long-term charitable commitments to Pullman Regional Hospital Foundation through planned gifts. In essence, it gives the Foundation an opportunity to show its appreciation to our donors who are endowing the future of healthcare at PRH.

From reducing recovery time through accurate diagnosis and treatment to exploring promising new treatment options, to purchasing the latest equipment to help our patients regain function faster and more efficiently, your gift will bring hope for a better quality of life for future generations.

Your contribution as a Legacy Society member creates a legacy that will enrich the entire community. For more information, call the Pullman Regional Hospital Foundation at 509-332-2046.



Pullman Regional Hospital Planned Giving Advisory Board

- Board Chair Jeff Feuerstein, Waddell and Reed Financial Advisors
- Greg Bloom, Edward Jones Financial Advisors
- Kelly Brown; Irwin, Myklebust, Savage and Brown, P.S.
- Jenna Brozik; Prinz and Brozik, PLLC
- Michael Connell, WSU Development Gift Planning
- Tim Gehring; Gehring and Associates, PLLC
- Alan Hodges, Washington Federal
- Terry Kelly; Lee and Hayes, PLLC

- Andrew Nicholas, Thrivent Financial
- Tom Nihoul, AGP Wealth Advisors
- James Onstad; Irwin, Myklebust, Savage and Brown, P.S.
- Bill Skavdahl, Waddell and Reed Financial Advisors
- Kiall Swift; Presnell Gage, PLLC
- Howard Utzman; Irwin, Myklebust, Savage and Brown, P.S.
- Mike Waite, Northwest Mutual Financial Network
- Jason Wills; Wills and Associates, PLLC