



Phone #: (509) 336-7660

Stool Collection:

To the Patient: Follow these instructions in collecting your stool specimen.

1. To collect stool in the plastic container (Hat) that is provided:
 - a. Lift the toilet seat
 - b. Place the plastic container over the toilet bowl
 - c. Place the toilet seat down
 - d. Eliminate stool into the plastic container
2. Stool sample should not be contaminated with urine or toilet paper.
3. Once stool is obtained, use a tongue depressor to remove the stool and place into the container provided:
 - If the container has a red line, fill it with the stool until the liquid reaches the red line. **(Please do not over or underfill containers)**
 - Place the rest of the stool in the container without liquid
4. Once finished use the provided label to write your name, date of birth, date you collected and time you collected your sample.
5. Place label on specimen cup(s), not the lid.
6. **Return specimen to Laboratory within 1 hour of collection at Room Temperature.**